

**Pre-registration is appreciated. Register online at [www.utahparentcenter.org/upcoming-events/](http://www.utahparentcenter.org/upcoming-events/) or by calling Lynda Hansen at 801.708.1841 or 801.272.1051.**

## Fall 2016 Workshops

### ***Parents as Partners in the IEP Process***

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. Parents will also learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

**Tuesday, September 13** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2aOxNKV>

### ***From Homework Horror to Homework Happiness***

Are you struggling to help your child with their homework? If so, this workshop is for you! This session will focus on realistic and practical ways parents can take some of the pain out of homework! Learn how technology can help parents to support their children to get organized, study effectively and monitor their child's progress. This interactive workshop will focus on websites, apps and other simple techniques to bring you and your student from homework horror to homework happiness!

**Tuesday, October 4** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2boahRy>

### ***From "NO Where" to "KNOW Where" Transition to Adult Services***

Families of youth and young adults with disabilities have learned many things, but most admit that they have much more to learn. The transition to adult life can leave parents feeling they are "NO Where"- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

**Tuesday, October 11** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2aS8RCi>



### ***Keep It Safe: Managing an Explosive Child***

Guest Speakers: Marian Hunt, M.Ed and Rian Jensen, L.C.S.W  
The focus of this presentation is exploring ways to de-escalate an escalation before the child becomes unmanageable. Interventions will also be presented of what to do when the child is having a total "melt down."

**Tuesday, November 1** 6:30-8:30 PM  
Canyons Administration Building West  
9150 S. 500 W. Sandy  
Online Registration: <http://conta.cc/2aS9xaN>

## Family to Family Network Workshops



**Location:** South Valley School, 8400 S. Redwood Road, West Jordan

**Time:** 7:00 PM to 8:30 PM

- September 15, 2016 – Practical Approaches for Protecting Your Children from Abuse
- October 13, 2016 – Advocacy/How the DSPD budget cuts may affect you!
- November 16, 2016 – Parent Panel
- January 19, 2017 – Customized Employment with DSPD/WIOA
- February 16, 2017 – Mental Health Recognition and Resources
- March 16, 2017 – Person Centered Planning
- April 20, 2017 – Related Services- Finding and Funding Them
- May 19, 2016 – Self-Determination/Self-Advocacy and Internet Safety

For registration go to  
[www.utahparentcenter.org/events](http://www.utahparentcenter.org/events)

## Winter/Spring 2017 Workshops

### ***Navigating Your Child's Transition to Middle School and High School***

The transition from elementary to middle school and from middle to high school is bound to create some anxiety for students and parents especially for parents of children with disabilities. Join us for an evening where we will discuss what can be done to help ease the transition and prepare your child for success. Information about timelines and expectations will be addressed. A specialist from Canyons special education department will be there to answer questions as well.

**Tuesday, January 10** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2b9DS0P>

**Tuesday, February 7** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2b9FkQY>

### ***Parents as Partners in the IEP Process***

Parents are important members of the IEP team. They can and want to be effective partners with other members of the team in developing and delivering special education programs for their student with disabilities. However, they often lack information. This workshop will help parents understand their role, rights and responsibilities in the IEP process. Parents will also learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student.

**Tuesday, January 31** 9:30-11:30 AM  
Canyons Administration Building, west  
9150 S. 500 W, Sandy  
Online Registration: <http://conta.cc/2b9FE22>

### ***From "NO Where" to "KNOW Where" Transition to Adult Services***

Families of youth and young adults with disabilities have learned many things, but most of admit that they have much more to learn. The transition to adult life can leave parents feeling they are "NO Where"- totally lost! Get to "KNOW Where" by learning about transition planning and related issues. We will also discuss how to prepare your teen to participate in the transition planning process as well.

**Tuesday, January 31** 12:30-2:30 PM  
Canyons Administration Building, west  
9150 S. 500 W  
Sandy  
Online Registration: <http://conta.cc/2b9Hobx>

### ***Behavior: Stop the Argument***

Guest Speakers: Marian Hunt, M.Ed and Rian Jensen, L.C.S.W  
This workshop is for the parent that deals with children who want to engage the parent in an argument. Interventions will be discussed to redirect this destructive cycle.

**Tuesday, March 7** 6:30-8:30 PM  
Canyons Administration Building West  
9150 S/ 500 West Sandy  
Online Registration: <http://conta.cc/2b9IUuu>

### ***Guardianship***

Guest Speaker: Guardianship Associates of Utah

What is guardianship and why is it important? Did you know that all children who turn 18, the age of majority, are considered adults even if they have disabilities? Come to this presentation to learn about guardianship and if you will need to file for it, what types of guardianship are available and what the process entails.

**Tuesday, March 28** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2aSeFvy>

### ***SSI***

Guest Speakers: Utah Family Voices

Have you ever wondered how to apply for, maintain and even appeal for benefits with the Social Security Administration? The overall goal of this interactive workshop is help parents identify the correct benefit that applies to their child or transitioning adult! We will cover SSI for children 18 and younger as well as transitioning students 18+.

Online Registration:

**Tuesday, April 11** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2aSm4uA>

### ***Summer Fun Panel***

Come learn about summer programs for children with disabilities. There will be a panel of programs to discuss what they offer, and parents will also leave with a summer resource list.

**Tuesday, April 25** 7:00 – 9:00 PM  
Granite Education Center D-102, 103 and 104  
2500 S. State Street, South Salt Lake  
Online Registration: <http://conta.cc/2bmiA1O>

### ***Pro Se Guardianship Training***

Guest Speaker: Anamarie Rodabaugh  
Guardianship Associates of Utah

In a guardianship proceeding family petitioners can save money by choosing to represent themselves in the court process. This is called Pro Se Representation. Guardianship Associates of Utah has over 12 years of experience teaching families how to represent themselves and is offering a free Pro Se training class for families who would like to act Pro Se as they seek guardianship of a family member. Families will be given all required court documents on a CD. During the training, families will be taught how to fill out these documents correctly. Families will learn how to file the documents with the court and how to represent themselves at the hearing. The CD will also contain detailed written instructions. This class takes two hours.

**Wednesday April 26** 6:30-8:30 PM  
Canyons Technical Education Center (building 2)  
825 E. 9085 S. Sandy  
Online Registration: <http://conta.cc/2aSkxop>

***Translation services are available with at least 7 days prior notice.***

***Para más información de talleres presentados en español, contacte el Utah Parent Center a 801-272-1067.***

**Pre-registration is appreciated.  
Register online at [www.utahparentcenter.org/upcoming-events/](http://www.utahparentcenter.org/upcoming-events/)  
or by calling Lynda Hansen at 801.708.1841 or 801.272.1051**